

## WISH LIST

Thank you so much for your support and generosity. Although of course there are many day to day items that can be purchased here in Uganda, we do rely heavily on people coming here to kindly squeeze extra items into their luggage for us. A lot of goods out here are irrationally expensive or simply not readily available or of very good quality.

You would be amazed at how much friends and family are willing to help when they know you are coming to Uganda!

This updated list shows everything we need at the moment or get through on an ongoing basis. Although it is tempting to pack lots of items not on the list we have limited storage space at the babies home and there are some items (e.g. dummies, teething rings) that we do not use here.

We appreciate any donations and thank you for anything you can spare.

### **PRIORITY – MOST NEEDED AT THE PRESENT TIME**

- **Cotton burp cloths**
- **Cotton swaddling wraps**
- **Face washers**
- **SD card reader**
- **New bath towels**
- **Sharpies – black, thick & thin**
- **Portable hard drives - preferably compact and 1TB**
- **Disposable latex gloves**
- **Scissors – large & small**
- **Tippex/liquid paper tape**
- **Photo printer, cartridges & photo paper – cartridges & paper are hard to buy in Kampala so an ample supply would be great**
- **Glue sticks**
- **Bulldog clips – all sizes**
- **Cello tape – thick & thin**
- **Gaffer tape**
- **Colouring books**
- **Blank CDs & DVDs**
- **A4 plastic sleeves**
- **Water & pool toys**
- **Cotton blankets – for cots, an example of the ideal blanket is here**  
[www.mothercare.com/Mothercare-Cotton-Cellular-Blanket/dp/B000JIDUPK?ie=UTF8&ref=sr\\_1\\_1&nodeId=44397031&sr=1-1&qid=1312357327&pf\\_rd\\_r=1CNP0DK10VEBTQ06ZQFF&pf\\_rd\\_m=A2LBKNDJ2KZUGQ&pf\\_rd\\_t=101&pf\\_rd\\_i=44397031&pf\\_rd\\_p=231490867&pf\\_rd\\_s=related-tab-3-5](http://www.mothercare.com/Mothercare-Cotton-Cellular-Blanket/dp/B000JIDUPK?ie=UTF8&ref=sr_1_1&nodeId=44397031&sr=1-1&qid=1312357327&pf_rd_r=1CNP0DK10VEBTQ06ZQFF&pf_rd_m=A2LBKNDJ2KZUGQ&pf_rd_t=101&pf_rd_i=44397031&pf_rd_p=231490867&pf_rd_s=related-tab-3-5)

Due to the climate in Uganda, lightweight cotton clothing is preferable.

- **Sleepsuits with feet – boys – 9-12 months**
- **Sleepsuits with feet – girls – 9-12 months**
- **Baby Grows – boys – 9-12 months**
- **Baby Grows – girls – 9-12 months**
- **Dresses – girls – 9-12 months**
- **Dresses – girls – 12-18 months**
- **Dresses – girls – 18-24 months**
- **Dresses – girls – 2-4 years**
- **Trousers – boys – 18-24 months**
- **Trousers – boys – 2-4 years**
- **Trousers & skirts – girls – 12-18 months**
- **Trousers & skirts – girls – 18-24 months**
- **T-shirts – boys – 18-24 months**
- **T-shirts – girls – 18-24 months**
- **T-shirts – boys – 2-4 years**
- **T-shirts – girls – 2-4 years**
- **Summer pajamas – girls & boys – 12-18 months**
- **Summer pajamas – girls & boys – 18-24 months**
- **Summer pajamas – girls & boys – 2-4 years**

## **WOMEN'S CLOTHING**

The clothing and underwear is used for mothers who do not have much clothing when they arrive with their baby

- Bras – various sizes, new or nearly new
- Nursing bras – various sizes, new or nearly new
- Underwear – various sizes, new only
- Lightweight clothing – various sizes, new or nearly new

## **LINEN**

- Plump pillows
- Cotton pillow cases
- Fitted cotton sheets for cots - approx 100cm x 80cm
- Single fitted sheets for our play mattresses
- Hand towels
- Soft quilts / duvets / floor covers - to lie our little ones on
- Cotton blankets – to be sent home with each baby

## **HEALTH CARE AND FEEDING**

- Wide necked teats and bottles - preferably Avent brand as they are the most durable
- Small bottles – preferably 125ml, Avent brand
- Nappies - preferably Huggies from preemies through to toddlers size but all brands gratefully accepted
- Adult toothbrushes & adult toothpaste

- Bonjela
- Digital thermometers
- Mosquito nets
- Sanitising hand gel in large containers - Cutan in the UK is a good brand and we already have a dispenser so 1 litre refill packs are great. Otherwise any other brands gratefully received
- Sippy cups
- Plastic bowls
- Plastic spoons and forks
- Bottle brushes
- Room temperature thermometer
- A 'Bumbo' baby seat or similar
- Baby bouncers
- Baby bag – large enough to carry essentials such as bottles, nappies, clothes etc, used for trips to the surgery, on a home visit etc
- Travel bottle warmer bags – need to be able to fit different sized bottles

## **ENTERTAINMENT AND EDUCATIONAL TOYS**

- Lego - LARGE blocks
- Durable books for 0-2 years - board books & soft cover books
- Wooden puzzles - 2-5 pieces with large handles on pieces
- Trucks / large cars
- Children's musical instruments
- Activity stations
- Balls
- Kid friendly paints
- Fat coloured crayons
- Play doh
- Craft items (kids glue, coloured paper etc)
- Painting smocks – sizes 1-3 years
- CDs - fun songs as well as soothing lullabies
- Play mats
- 'Big books' (ones used in schools for story time)
- Baby name book
- Dress up clothes – size 1 to 3, generic as opposed to branded e.g. Toy Story
- Bubble blowers and liquid

*NB - Soft toys are gorgeous and very appealing, however they are also a super highway for spreading germs when you have 25 babies sucking and chewing on them...*

## **STATIONERY – Mundane but essential!**

- SD cards – for digital cameras, preferably 4GB or more
- Permanent fabric markers - colours needed are black, blue, brown, green, purple and red
- Paper manilla folders
- Blank white stickers for labelling - all sizes
- Mini DV stock - Sony

- Laminating pouches – A4
- File dividers – A4, blank
- File dividers – A4, A-Z
- Hole punches – 2 hole
- Staplers and staples
- Paper clips
- Pens – black, blue and red
- Pencil sharpeners
- Post it notes – all sizes
- In trays
- Highlighters – all sizes
- Document wallets – A4
- Whiteboard markers – all colours
- Rubber bands – all sizes
- Batteries – AAA and AA
- Desk organisers
- Business card holder book – A4, A-Z, refillable
- Calculators

## **ELECTRICAL**

- New or second hand WORKING laptops – with Microsoft Office and chargers
- New or second hand mobile phones and chargers - need to ensure they are unlocked
- New or second hand digital cameras and chargers
- USB sticks – preferably 8GB or more
- Multi plugs (gang planks) / power boards – surge protected
- Scanner with software
- Extension cords